## RUN YOUR SASS OFF

## To End Violence Against Women

We are thrilled to run or walk with you for the 43rd annual Cooper River Bridge Run on **Saturday, April 4th** in Charleston, SC! Here is some initial information you need to know:

- Joining the team is easy!
  - Register at <a href="https://bridgerun.com/bridgerun-comregister/">https://bridgerun.com/bridgerun-comregister/</a>. When asked whether you are running as part of a team, select "Yes" and search for "Run Your SASS Off." (Note that it appears as "Run Your SASS Off (Ewart)." Already registered for the run, but still want to be part of the team? Just email us at team@sassgo.org and let us know!
- Want to train for the race with Sassters? We will be organizing fun runs/walks in the Columbia, SC area and hope you will consider joining us! Its a great way to meet fellow Sassters and get some exercise in before April 4th.
- Come celebrate with us! As part of the team, you are invited to post-race festivities at Folly Beach. If your schedule permits, we hope you will join us. More details to follow!
- Interested in fundraising for SASS Go? Our mission to eradicate abuse, assault and trafficking against women and girls globally is one we know you're passionate about too. Let your friends and family know you're running on purpose for a purpose and raise some awareness and money for the mission as you GO! A suggested fundraising goal is \$150, but every penny counts and helps train women and girls globally. There are many creative ways to fund raise. If you would like help with some ideas, just let us know!
- **Need more information?** Call 803-317-7277 or email us at teamesassgo.org.



43RD ANNUAL COOPER RIVER BRIDGE 10K RUN

CHARLESTON, SOUTH CAROLINA